

Towcestrians RFC
Mini & Junior Section

KIT REQUIREMENTS

Rugby is a physical game that is played outside in all weather. The club recommends that your child be provided with the following kit and clothing:

MATCH DAY KIT:

- A playing shirt – these are available to purchase from the Club Kit Shop (in cold weather it is recommended that an Under Shirt or T Shirt is worn underneath)
- Black rugby shorts – any make are fine although shorts with the Towcestrians logo are available from the Club Kit Shop
- Club socks – these are available to purchase from the Club Kit Shop
- Rugby or football boots. Boots with screw in studs must be fitted with aluminium IRB approved studs (football studs are not acceptable). Replacement studs are available from the Club Kit Shop.
- Head/Body armour can be worn at a parent/guardian discretion.
- A warm waterproof coat or sub suit for use whilst off the pitch.

Junior Section – Under 13s upwards – The club expects all players to shower and change into No.1s (black or grey trousers, shirt & club tie) after all games and they are expected to travel to all away games in No.1s:

- Black or grey trousers
- Shirt – school shirt is fine
- Club Tie – Club Ties are provided by the club to all players as they enter the Junior section and new players thereafter, however, replacements will have to be paid for.
- Towel & Shower Gel

Mini Section – up to and including Under 12s

Whilst we cannot insist that player's shower after they have played rugby, they WILL NOT be allowed into the club house unless they have changed out of dirty kit in very wet and muddy conditions. We would, however, encourage players to change as this helps them with good habits expected in the future.

TRAINING KIT:

- Track suit bottoms
- Training top (preferably waterproof)
- Gum Shield/Mouth Guard – all players must wear a Mouth Guard when they start playing full contact rugby. There are two types of Mouth Guard; Self Moulded (Boil & Bite) and individually made by a dentist.
- Head/Body armour can be worn at a parent/guardian discretion.
- Woolley hat for cold weather